Mental Health and Wellbeing Support at Werrington Primary School

Additional Support. Fixed/Short term, solution focused interventions:

- Includes a pre, mid and post assessment.
- Work with child(ren) only

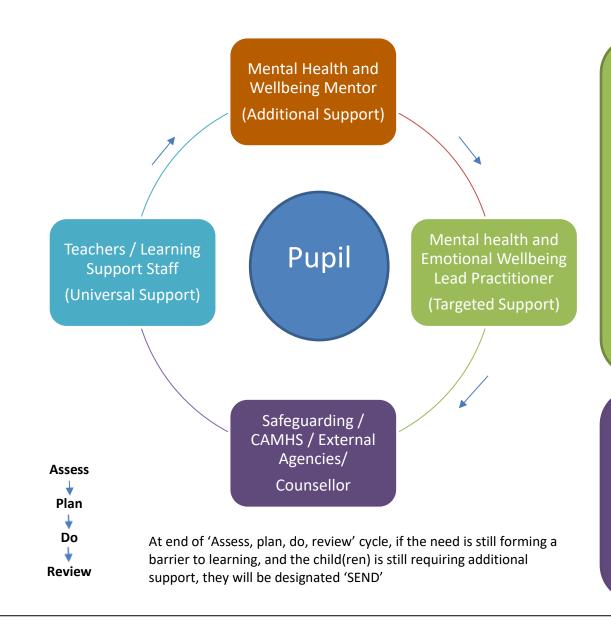
Includes:

- Friendship
- Social Stories
- Lego Therapy
- Circle Time
- Restorative Circles
- Emotional Intelligence
- Self-regulation
- How to manage anxiety
- Bullying
- Healthy relationships
- Transition

Universal Support. Families/Children may ask for advice and strategies to support concerns at home.

Includes:

- Online Behaviours
- One-off support
- Friendship support
- Bullvine
- Self-care/self-management



Targeted Support. Specialist support for children and families.

- Long and short term work
- Stand-alone or in conjunction with getting 'risk support'.
- Systemic practice

Includes

- Attachme
- Mentorir
- Self-hood
- Family Intervention
- Worry and anxiety
- Self-harm
- Compulsive behaviour
- Identi

Risk Support Children and families at risk

Includes:

- Safeguarding
- Social care involvement
- External agencies
- Early help
- Sexualised behaviours
- Eating disorders

Referral Process: All referrals go to the Mental Health and Emotional Wellbeing Lead Practitioner who carries out a 'triage' activity, gathering the child's thoughts and the parents' thoughts before assigning the child to an appropriate support level.

The Mental Health and Emotional Wellbeing Lead Practitioner, SENCO and a member of the SLT meet every two to three weeks to discuss cases to ensure appropriate support is in place for children and their families.